

# Fingering Exercises

These fingering exercises are great for both the fretting and picking hand. Use a **metronome** along with **alternate picking** and you'll have a warm up exercise that will help push your technique forward. One warning: since you won't actually play these exercises in a real life performance, it's important not to spend too much time on these. **5% - 10%** of your practice time would be great and well worth it!

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