

Fingering Exercises

Take a single pattern, ascend and descend across all strings shifting up 1 fret as you reach the high/low string. You'll be snaking your way up the fretboard. Use alternate picking with a metronome and choose one exercise for the day.

Two musical exercises for guitar fingering. The first exercise shows an ascending and descending pattern across four strings (TAB 1-4) with a red circle around the notes 2, 3, 4, 5. The second exercise shows a similar pattern across five strings (TAB 2-5) with a red circle around the notes 3, 4, 5, 6.

Extending the pattern

A series of 24 numbered musical exercises (1-24) for guitar fingering. Each exercise consists of a musical staff and a corresponding TAB staff with specific fingering patterns.

Exercise	Fingering Pattern
1)	1 2 3 4
2)	1 2 4 3
3)	1 3 2 4
4)	1 3 4 2
5)	1 4 2 3
6)	1 4 3 2
7)	2 1 3 4
8)	2 1 4 3
9)	2 3 1 4
10)	2 3 4 1
11)	2 4 1 3
12)	2 4 3 1
13)	3 1 2 4
14)	3 1 4 2
15)	3 2 1 4
16)	3 2 4 1
17)	3 4 1 2
18)	3 4 2 1
19)	4 1 2 3
20)	4 1 3 2
21)	4 2 1 3
22)	4 2 3 1
23)	4 3 2 1
24)	4 3 1 2